

**REGISTRATION
NOW OPEN!**
www.cceo.net

CHILDHOOD OBESITY

TIPPING THE SCALES TOWARD PREVENTION

Target Audience:
Pediatricians,
Neonatologists,
Neonatal/Pediatric/Family
Nurse Practitioners,
General Medicine,
Pediatric
Gastroenterologists,
Dietitians, RNs, LPNs,
APRNs, Physician
Assistants and Pharmacists

THURSDAY, NOV. 10-FRIDAY, NOV. 11, 2016
BLOCKADE RUNNER RESORT, WRIGHTSVILLE BEACH, NC

Eventbrite



Supported by



Joint Providership by



CONFERENCE SUMMARY

Childhood obesity has both immediate and long-term effects on health and well-being. Obesity increases a child's risk for cardiovascular disease, diabetes, bone and joint problems, sleep apnea, and social and psychological problems. This conference will feature national experts who will focus on nutritional impacts, genetic causes, systemic effects, and treatment of obesity in children and adolescents. Through a multidisciplinary approach, attendees will benefit from learning about key conditions, improvements in treatment and the long-term impact of obesity on these patients.

Conference Agenda

Thursday, November 10, 2016

- 1-1:15 pm Registration
- 1:15-1:30 pm **Welcome and Overview**
Robert "Chip" Williams, MD
- 1:30-2:30 pm **Sleep and Weight**
Sasidharan Taravath, MD
Pediatric Neurologist, Coastal Children's Services
Medical Director of Pediatric Sleep Disorders, Pediatric
Epilepsy Monitoring Unit & Pediatric Neurodiagnostics Program
- 2:30-3:30 pm **Fatty Liver Disease in Children:
What Can One Practitioner Do?**
Rohit Kohli, MBBS, MS
Liver Transplant Program, Co-Director, Steatohepatitis
Center, Attending Physician, Liver Care Center, Associate
Professor, Department of Pediatrics, Cincinnati Children's
Hospital Medical Center
- 3:30-3:45 pm Break
- 3:45-4:45 pm **Can "Omics" be Used to Stem the Childhood
Obesity Epidemic?**
Karen Edwards, PhD, MS
Affiliate Professor, Epidemiology
University of California (Irvine), Department
of Epidemiology
- 4:45-5:00 pm **Review Summary and closing statements**
- 6:00- 8:00 pm **Welcome reception at Blockade Runner**

- 10:15-10:40 am Break
- 10:40-11:40 pm **Pediatric Vascular Health: Growing up**
Donald R. Dengel, Ph.D., FAHA, FACSM
Professor, Exercise Physiology, School of Kinesiology
University of Minnesota
- 11:40-12:40 pm Lunch
- 12:40-1:40 pm **How Nutrition Can Affect Gut Microbiome:
The Celiac Disease and Gluten Sensitivity
Paradigms**
Alessio Fasano, MD
W. Allan Walker Professor of Pediatric Gastroenterology
and Nutrition Chief of the Division of Pediatric
Gastroenterology and Nutrition
Director of the Center for Celiac Research and Treatment
Director of the Mucosal Immunology and Biology
Research Center
Associate Chief, Department of Pediatrics, Basic, Clinical
and Translational Research
MassGeneral Hospital for Children
Pediatric Gastroenterology and Nutrition
- 1:40-2:40 pm **Childhood Obesity: How Much is
in the Genes?**
Cynthia M. Powell, MD
Center for Genome Sciences,
Associate professor, Departments of Genetics
& Pediatrics
University of North Carolina at Chapel Hill

Friday, November 11, 2016

- 7:30-8:00 am Breakfast and Registration
- 8:00-8:15am **Welcome and Overview**
Robert "Chip" Williams, MD
- 8:15-9:15am **Obesity Comorbidities: It's About Your
Health, Not Your Weight**
Elizabeth Estrada, MD
Chief, Division Pediatric Endocrinology, Director,
Pediatric Endocrinology Fellowship Program, Clinical
Professor of Pediatrics, University of North Carolina at
Chapel Hill
- 9:15-10:15 am **The Role of Infant Feeding in Weight
Management: Benefits of Breastfeeding**
Lindsey N. Hurd, MS, RD, LDN, IBCLC, CD(DONA)
Registered Dietitian (RD), International Board Certified
Lactation Consultant (IBCLC), Certified Birth Doula
through DONA international CD(DONA), and owner of
Angel Food Nutrition

- 2:40-3:00 pm Break
- 3:00-3:15 pm **'Strong for Life' Video**
- 3:15-4:15 pm **Childhood and Adolescent Obesity:
What Makes an Effective Treatment
Program? Lessons from the Field**
Shelley Kirk, PhD, RD, LD
Associate Professor, Director
HealthWorks! Center for Better Health and Nutrition
The Heart Institute, Cincinnati Children's Hospital
Medical Center
- 4:15-4:30 pm **Review Summary and closing statements**

CONFERENCE OBJECTIVES

1. Identify current evidence-based nutritional impacts and treatment on childhood obesity
2. Describe the effect of obesity on systemic disorders
3. Describe genetic disorders linked to obesity