

2018  
**Southeastern Pediatric  
Nutrition Conference**

**Pediatric Malnutrition  
Diagnosis and Treatment:  
Are We Falling Short?**

THURSDAY, NOV 8-FRIDAY, NOV 9, 2018  
HOLIDAY INN RESORT, WRIGHTSVILLE BEACH, NC



Hosted by



**Coastal Children's Services**  
A Pediatric Subspecialty Group

Joint Providership by



**New Hanover  
Regional Medical Center**

*CE Credit provided by SEAHEC*



## WHO SHOULD ATTEND?

Pediatricians, Neonatologists, Neonatal/Pediatric/Family Nurse Practitioners, General Medicine, Pediatric Gastroenterologists, Dietitians, RNs, LPNs, APRNs, Physician Assistants and Pharmacists

## CONFERENCE DESCRIPTION

The Annual Southeastern Neonatal/Pediatric Nutrition Conference is designed to provide updated, advanced and practical approaches to contemporary issues in pediatric and neonatal nutrition. This activity will provide unique opportunities to learn, share and investigate new ways of assessing and managing pediatric patients with complex nutritional needs.

## CONFERENCE SUMMARY

Pediatric malnutrition is a disparity between intake and nutrient requirements resulting in cumulative deficits in energy, protein, or micronutrients that may negatively affect growth and development. This conference will review measures used to diagnose, assess and identify possible etiologies of malnutrition. Through a multidisciplinary approach, attendees will learn key causes, challenges, and improvements in treatment and the impact of malnutrition.

## CONFERENCE OBJECTIVES

After completing this activity attendees will be able to:

1. Diagnose malnutrition
2. Identify the social, psychological and environmental causes of malnutrition
3. Describe evidence-based methods for prevention and treatment of malnutrition and micronutrient deficiencies
4. Identify general and disease-specific nutrition concerns and their effects in the infant, childhood, and adolescent populations.

## REGISTRATION INFORMATION

### THURSDAY ONLY 1:00pm -5:00pm

\$150 MD/DO

\$100 Non-MD

*Includes keynote lecture, dinner and reception*

*(RSVP required to attend)*

### FRIDAY ONLY 8:00am-4:30pm

\$250 MD/DO

\$150 Non-MD

*Includes keynote lecture, dinner and reception*

*(RSVP required to attend)*

### BOTH THURSDAY & FRIDAY

\$300 MD/DO

\$200 Non-MD

*Includes keynote lecture, dinner and reception*

*(RSVP required to attend)*

## REGISTER ONLINE AT

[www.ccsnc.net](http://www.ccsnc.net)

or search conference on



Questions?

call 910-667-4379

[janet.hoffer@ccneo.net](mailto:janet.hoffer@ccneo.net)

## AMERICANS WITH DISABILITIES ACT

NCMS and SEAHEC are fully committed to the principal of equal educational opportunities for all individuals and does not discriminate on the basis of any characteristics protected by federal or state law. If you require any of the auxiliary aids or services identified in the American with Disabilities Act in order to participate in this conference, please call Activity Coordinator at your organization phone no later than ten business days before the date of the activity.



For special services, assistance, or information call Coastal Children's Services at (910) 667-4379

*The attendee dinner is optional but is included in all conference registration. You will be prompted to RSVP in your Eventbrite registration.*

# CONFERENCE AGENDA

12:00pm - 1:00pm	<b>Box lunch and registration</b>
1:00pm - 1:15pm	<b>Welcome and Overview</b> Robert "Chip" Williams, MD
1:15pm - 2:15pm	<b>Multidisciplinary Assessment and Behavior treatment of Children with Feeding Disorders</b> William G. Sharp PhD
2:15pm - 3:15pm	<b>Identifying and Treating Malnutrition Using a Multidisciplinary Approach</b> Susanna Y. Huh, MD MPH
3:15pm - 3:45pm	Break
3:45pm - 4:45pm	<b>Start to Finish: Diagnosing Malnutrition from Preterm Infants to Adults</b> Patricia Becker, MS, RD, CSP, CNSC
4:45pm - 5:00pm	<b>Review Summary and closing statements</b>
5:00pm - 5:30pm	Break
5:30pm - 6:30pm	Reception in lobby
6:30pm - 7:30pm	<b>KEYNOTE LECTURE</b> <b>We Really are What We Eat - Probiotics, Prebiotics and the Microbiome's Role in Child Health and Disease</b> Benjamin D Gold MD, FACP, FAAP
7:30pm -9:00pm	Attendee dinner(complementary with online RSVP- see info below)



**William Sharp, Ph.D.**

Director, Pediatric Feeding Disorders Program  
Children's Healthcare of Atlanta  
Associate Professor, Division of Autism and Related Disorders & Division of Pediatric Gastroenterology, Hepatology, and Nutrition  
Emory University School of Medicine



**Susanna Y. Huh, MD MPH**

Director, Growth and Nutrition Program  
Associate Director, Center for Nutrition  
Division of Gastroenterology and Nutrition,  
Boston Children's Hospital  
Assistant Professor of Pediatrics, Harvard Medical School



**Patricia Becker, MS, RD, CSP, CNSC**

Pediatric Nutrition Specialist  
KidsRD.com  
Blue Ash, OH



**Benjamin D Gold MD, FACP, FAAP**

Gi Care for Kids  
Children's Center for Digestive Healthcare  
Atlanta, GA

## Thursday Reception/Keynote Lecture/Dinner

Join us Thursday evening for a complementary reception in the lobby of the beautiful Holiday Inn Resort, while you meet the sponsors of the conference and network with your colleagues. Following the reception there will be a keynote lecture (CMEs offered) by **Benjamin D Gold MD, FACP, FAAP of the Children's Center for Digestive Healthcare in Atlanta.** Immediately following the talk there will be a sit down dinner in the ballroom. The dinner is included with all 2-day conference registrations and single day Thursday registrations. The dinner may be attended by all conference attendees (RSVP choice available in Eventbrite). Please contact the event organizer for information. (janet.hoffer@ccneo.net - 910-667-4379)

# CONFERENCE AGENDA

FRIDAY, NOV 9, 2018

- 7:30am - 8:00am Breakfast and Registration
- 8:00am - 8:15am **Welcome and Overview**  
Robert "Chip" Williams, MD
- 8:15am - 9:15am **Identifying Pediatric Malnutrition Using Nutrition Focused Physical Exam**  
Jodi Wolff MS, RDN, LD, FAND, FAACPDM
- 9:15am - 10:15am **Food Insecurity, Public Policies, and Child Health and Development**  
Deborah A. Frank, MD
- 10:15am - 10:45am Break
- 10:45am - 11:45am **Early Life Nutrition and Brain Development**  
Michael K. Georgieff, MD
- 11:45am - 12:45pm Lunch
- 12:45pm - 1:45pm **Improve Care Now: Partnering with the Patients and Colleagues to Improve Outcomes for Children Living with Inflammatory Bowel Diseases**  
Sandra C. Kim, MD
- 1:45pm - 2:45pm **"It's Alimentary My Dear Watson" – Dietary Approaches to Disease Management in Pediatric Inflammatory Bowel Disease (IBD)**  
Benjamin D Gold MD, FACG, FAAP
- 2:45pm - 3:15pm Break
- 3:15pm - 4:15pm **The Grow Clinic and the Nutrition Prescription**  
Emily Sylvester, MS, RD, LDN, CLC
- 4:15pm - 4:30pm **Review, summary and closing statements**



**Jodi Wolff MS, RDN, LD, FAND, FAACPDM**  
Pediatric Dietitian  
Rainbow Babies and Children's Hospital  
University Hospitals Solon Health Center, Solon, OH



**Deborah A Frank, MD**  
Director, Grow Clinic for Children  
Professor of Pediatrics, Boston University School of  
Medicine, Boston MA



**Benjamin D Gold MD, FACG, FAAP**  
Gi Care for Kids, LLC  
Children's Center for Digestive  
Healthcare, LLC, Atlanta, GA



**Sandra C. Kim, MD**  
Associate Professor of Pediatrics  
Co – Director, Pediatric Inflammatory  
Bowel Disease Center  
Division of Pediatric Gastroenterology,  
Hepatology, and Nutrition  
Children's Hospital of Pittsburgh of UPMC, Pittsburg, PA



**Emily Sylvester, MS, RD, LDN, CLC**  
Pediatric Dietitian, The Grow Clinic at  
Boston Medical Center, Boston, MA



**Michael K. Georgieff MD**  
Professor in Pediatrics and the Institute of Child Development  
Head, Division of Neonatology  
Executive Vice Chair, Department of Pediatrics  
University of Minnesota Masonic Children's Hospital  
Director, Center for Neurobehavioral Development  
University of Minnesota School of Medicine, Minneapolis, MN





## To reserve hotel reservations

Call (877) 330-5050  
[wrightsville.holidayinnresorts.com](http://wrightsville.holidayinnresorts.com)  
to book your room.

**Conference group rates:**  
\$149 oceanfront • \$129 sound side



Join us for 2 days at one of the most beautiful and serene beaches on the North Carolina coast. With the one-of-a-kind location of the Holiday Inn Resort, you'll enjoy both oceanfront and soundside views from restful accommodations. You'll have easy access to beautiful white sand beaches and great restaurants right on the conference site. Book early to secure your reservation and stay a couple of extra days to enjoy Wrightsville Beach and Wilmington in beautiful southeastern North Carolina.

[wrightsville.holidayinnresorts.com](http://wrightsville.holidayinnresorts.com)  
1706 North Lumina Avenue  
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Phone:( 877) 330-5050

## **CONTINUING EDUCATION CREDIT STATEMENTS AND DISCLOSURES:**

SEAHEC adheres to NCMS and ANCC Essential Areas and Policies regarding industry support of continuing medical education and continuing nursing education. Commercial Support for the program, and faculty relationships within the industry will be disclosed at the activity. Speakers will also state when off-label or experimental use of drugs or devices is incorporated into their presentations. Participation in an accredited activity does not imply endorsement by SEAHEC, NCMS or NCNA of any commercial products displayed in conjunction with an activity.

### **ANCC:**

SEAHEC is an approved provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Attendance of the entire program is required to receive credit. No partial credit will be awarded. Total Number of Nursing Contact Hours: 10.0

### **CME:**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the North Carolina Medical Society (NCMS) through the joint providership of South East Area Health Education Center (SEAHEC) and INFANTS. SEAHEC is accredited by the NCMS to provide continuing medical education for physicians. SEAHEC designates this live activity for a maximum of 10.0 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.